



McKEEVER SCHOOL OF IRISH DANCE NEWSLETTER NOVEMBER-DECEMBER 2015

Off to the World Championships 2016



Congratulations to our dancer Moriah Payne who after only 6 months with the McKeever School of Irish Dance competed on November 22nd in Salt Lake City at the Western Regional Oireachtas placing not only in the top ten out of a very hard competition but earning 8th overall and qualifying for the World Championships in Glasgow, Scotland that will be held in March of 2016!! This is the school's first dancer to compete at an Oireachtas and even more importantly qualify for a World Championships, and it will be Morah's first time attending. She has worked so hard these past six months and under a lot of pressure danced a beautiful solid three rounds!

If you have any great fundraising ideas and experience you can offer please contact Nicole McKeever. In the next few months the school would like to contribute as much as we can to help Moriah attend this exciting event!



Riverdance Continues to Inspire!

On November 29th over 60 McKeever School dancers and their family members travelled to San Jose to see Riverdance perform! The special treat was getting to meet the cast and watch their pre show preparations! Miss McKeever toured with the company full time for five years and was so happy to expose her students to the show that started it all!! The show was as sharp and full of energy as ever!! We wish the cast and crew safe travels and continued success as they tour North America till June!



Midtown Sacramento, California Performing Arts INNOVATION!

Sacramento, California is experiencing an exciting building and renovation revitalisation and **The McKeever School of Irish Dance** is one of the beneficiaries! By January 1st, the McKeever School will have their own 1,000sq ft studio space



in the new E. Claire Raley Studios for the Performing Arts.

The \$6.5m transformation is in the heart of Midtown Sacramento in an old school from the 1920s. The performing arts campus will occupy an entire city block and will include spaces for hourly rentals and studios for tenants including Sacramento Ballet, Capital Stage Co., Alliance Francaise de Sacramento, the Brazilian Center for Cultural Exchange and the McKeever School of Irish Dance.

Tenants have to do all their own improvements, but are extremely excited to be part of a long-term lease plan where

the rent is kept affordable in exchange for giving back to the school district children through scholarships and outreach. What an extraordinary opportunity for both the local community and Nicole McKeever, TCRG and her students!



Thank you Irish Dancing Magazine!

Sacramento News and Review Interviews Miss McKeever

In November Miss McKeever was interviewed by Sacramento New and Review. The link to this fun article can be found on our website.

Title: *Nicole McKeever, Irish Dance Instructor The dance instructor talks Riverdance and whether all of those kicks ever accidentally connect with a face.*

By Eddie Jorgensen
Published on 11.05.15.



Things to Note for December

- Please check your emails for our December Schedule and Holiday days off.
- Our next performance is Global Winter Wonderland at the Cal Expo December 12 at 9:30pm. More information is to follow. We have 25 dancers of all ages signed up to perform! There is no set rehearsal, material for the show will be covered in class and sent out in a performance write up.
- McKeever Gear is here! If you ordered our latest McKeever gear, thank you! It will be handed out at class this coming first week of December. We raised a significant amount of money from the profits of our purple gear and made a donation to the Pancreatic Cancer Action Network. November is Pancreatic Cancer Awareness Month.
- **DON'T LET THE VACATION SET YOU BACK!!**
Its important to take time off, however with a dance form as intense as Irish Dance it is detrimental to lose too much strength and endurance during vacation, this is how injuries can occur. Especially if you are a dancer competing at a high level your body will significantly decrease in cardiovascular fitness if you take more than three days off in a row. To help inspire dancers during the break there will be a contest set up. Students will get a chart to mark what they have done each day of the break to work on their dance skills and increase strength. If the form is handed in complete, their name will be placed in a drawing for some really great prizes!! More information on this contest and what amazing prizes are offered will be sent out before the Christmas and New Years break!