

# McKeever School of Irish Dance Newsletter

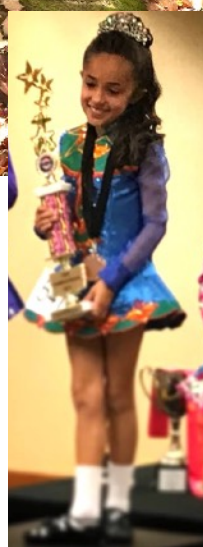
## OCTOBER - NOVEMBER 2018

### Exciting Results!!

We had dancers compete with much success in the Portland Feis, the CIDA Feis in LA and the Utah State Championships this month!! Champion Heather N. secured her final and third Preliminary win to achieve the level of Open Champion!!! Heather is one of five McKeever School Open Champions currently dancing for our school! A very rare and amazing status! We are so proud of all your hard work Heather, traveling from Reno for class all while attending college.

Assistant coach and Champion Natalie earned a first place at the CIDA Feis! Natalie has earned top three placements throughout her career, even as a child on the east coast out of groups of 50 or 60 dancers. This win was long deserved and puts her steps closer to becoming an Open Champion!

Dancers Bridget F., Ruby K., Olive K., Aurora L., Noah L., and Libby P. all represented the school so well, getting great feedback and moving up certain dances to the next level! Libby P. Competed first the first time as a Champion! We are so excited to see all of you reach your goals! As we can learn from Heather and Natalie, consistently work



# Fun Guests at the McKeever Studios



This month we invited a cute Girl Scout Troupe and Fitsom Studios owner Ken O'Shea to our dance studio!

McKeever Dancers Olive and Ruby danced for the troupe, of which Ruby is a member. The girls got a tour of CLARA, learned a jig and got to ask lots of fun questions.

Fitsom Studios, only about a mile away from CLARA, came to teach our dancers about self myofascial massage. This is an essential part of training and I encourage all dancers to look up some of Fitsom's Youtube Videos now linked on our website under helpful links. Take care of yourself so you can prevent injury and have a long dance career! Thank you to all who attended the workshop!



## Spooky Class



We had a fun Halloween Class!! Check out some of the great pictures from that Spooky night! Including a Mini Miss McKeever!!

# East Bay Feis



Welcome to  
Champs girls!

We had 44 dancers compete at the East Bay Feis hosted by the McBride School of Irish Dance! This was the first time for dancers Emmaline M., Abigail G., Susan M., Ronan J. and Guinevere O. to ever compete as McKeever Dancers!! This was also the first time dancers Amy D. and Millie K. got to compete as McKeever Champions both earning 5th place in their competition !!

Read more on the next page....

# EAST BAY FEIS CONTINUED



Day one of the East Bay Feis saw 16 of our champions compete! A huge congrats to Bridget earning 5th in Open Champs! We also had three dancers earn 2nd place in Preliminary Champions, Ana and Isa P. And Audrey P! Congrats to you all. The truth is that as long as you put your best on stage thats all you can control. I saw some of the best performances from many of you and just remember there will be a day you are so good they can't deny it, keep believing in yourself and bring it to the Western Regionals in a few weeks!



For our grade level dancers we had an amazing day, everyone brought home an award!! Many of you moved up!! The most exciting part of the day was seeing some of you get up after slips and falls and keep dancing only to win it! When you look at all the results there are so many successes its impossible to mention them all. I was so proud sitting in the front row watching you guys dance so hard! There is an undeniable strength from the McKeever School kids, we are putting everything we have up there on stage and it's visible!!

## UPCOMING EVENTS

- SUNDAY NOVEMBER 4th - 2-4:30PM - REGIONAL CHAMPIONSHIPS DRESS REHEARSAL  
Come to the CLARA Auditorium and watch the dancers rehearse in costume for teams and solos! Anyone can come to support!!! FREE to watch!!!
- VETERANS DAY OBSERVED - MONDAY NOV 12th - CLASSES OFFERED
- NO CLASSES - WEDNESDAY NOV. 14th and THURSDAY NOV. 15th
- MAJOR COMPETITION - NOVEMBER 16-18th - WESTERN REGIONAL CHAMPIONSHIPS / PORTLAND, OREGON
- THANKSGIVING BREAK NO CLASSES - NOVEMBER 14th - 25th (First class back Monday November 26th)
- COME SHOP!! - MCKEEVER IRISH CHRISTMAS MARKET - SATURDAY DECEMBER 8th 1-5PM
- CHRISTMAS BREAK - DECEMBER 17-JANUARY 6th - Last class before break Sunday the 16th. First class back Monday January 7th.

Three of our young dancers earned their final placements to receive the title of Preliminary Champion. Dancers Kathryn K., Olive K., and Aurora L. have all shown that they are driven, hardworking, determined and talented dancers. They have fought through many trials and tribulations on stage and off and have never lost sight of their dreams. We are so excited for you to represent our school as Champions!

Our Adult dancers stuck it out till the end of a long day to compete and brought home multiple medals and even crystal! You guys are such a positive and supportive element of our school and I am so proud of you all.

Lastly a congrats to Assistant Coach Natalie who competed in Utah and placed 6th in Preliminary Championships and earned 3 more of her grade exams. This puts her closer to be being eligible to sit her TCRG exam and become a certified Irish Dance Teacher!