



MCKEEVER SCHOOL OF IRISH DANCE NEWSLETTER SEPTEMBER-OCTOBER 2015

Hard Work Pays off in Oregon



On Labor Day weekend six dancers and their parents travelled up to Seaside, Oregon to participate in a two day competition put on by the *An Daire School*.

This event was extremely successful for all of our dancers who brought home a total of 9 first, 9 seconds, five thirds, and 7 fourths!

Every dancer stayed focused and put forward their best efforts on the day! Miss McKeever is very proud of you all!

Thanks to Brianna McKinley for her beautiful beach photography, check out her professional photography on Facebook under *Bri McKi Photography*.





October 31-November 1st is the East Bay Feis in San Ramon. This is a great event hosted by the McBride School of Irish Dance. Please think about coming to watch or support your fellow dancers or to compete if you get approval. More info is at EastBayFeis.com

OCTOBER SHOWS

KVMR Celtic Fest – Saturday October 3, 2015

Arrival Time for Performers: If you are helping with Workshops Arrive at 12 noon. All other performers please arrive no later than 1:30pm.

Performance Time: Sugar Pine Stage. 4:45pm - 5:45pm

Location: NEVADA COUNTY FAIRGROUNDS
11228 MCCOURTNEY ROAD

DAVIS INTERNATIONAL FEST Sunday October 4, 2015

Arrival Time for Performers: 3:15pm

Performance Time: 4:45 -5:00pm at the Main Stage

Location: Central Park DAVIS is located Downtown between B and C Streets, and is bounded by 3rd and 5th Streets on the south and north.

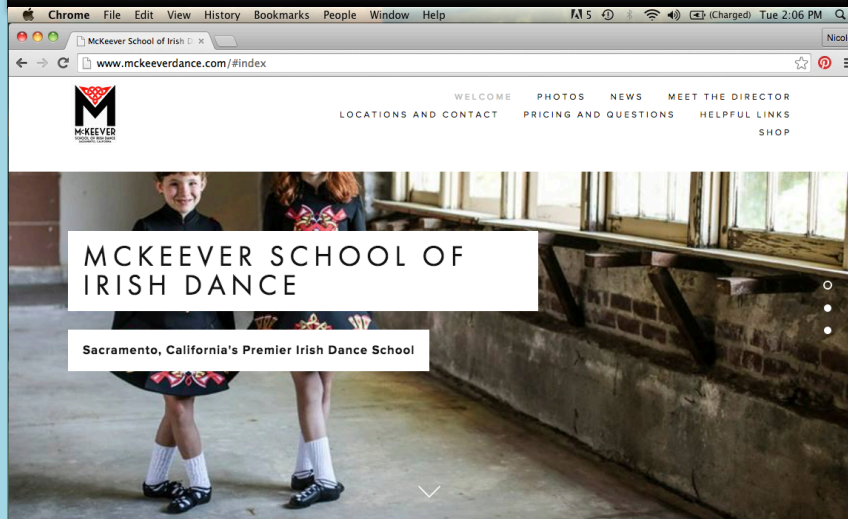
Crocker Art Museum Saturday, October 10, 2015

Arrival Time For Performers: No later than 11am

Performance Time: 12:30pm

Location: Crocker Art Museum
216 O St, Sacramento, CA 95814

CHECK OUT OUR NEW WEBSITE DESIGN



Our school website McKeeverDance.com has a new and improved look! Make sure you also request to join the McKeever School **Parent and Dancer private Facebook group** that is a great platform for the resale of dance items and for sharing of information.

We Celebrate a Two Year Mark!



Above is a picture of our one year anniversary gathering last year! It is amazing to look back at how we have grown and how our dancers have advanced in this past year! October 15th we will celebrate two years in business! Because our new studio will open in a few months we will save and combine the celebrations this year with a studio opening party as soon as we have our new home!

STARTS WED. OCT 7 4PM-4:30PM
AT THE FIREHOUSE FIVE STUDIOS 2014 9TH AND T

SPREAD THE WORD!
IRISH DANCE FOR KIDS
UNDER THE AGE OF 5
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CLASSES IN MIDTOWN SACRAMENTO

Dancer Tip of the Month!
Strong Feet!!



- For additional strength and awareness, use Therabands placed under the toes while sitting down for point-and-flex exercises. Bronner suggests trying these exercises with only the four little toes. "The big toe is strongest and overwhelms sensation of the other toes. [This exercise] wakes up the flexors in the weaker toes," she says.

Costume Orders, Looking Ahead!

After the Regional Championships at the end of November our dressmaker Mags Gogarty will have more availability to start our next order of dresses. If 8 or more dancers are interested in doing a fitting for costumes we can book her time. The cost last year was \$495 and everything is hand made and tailored to the dancer. This dress can be used in competitions and performances and resold among McKeever School dancers. The design is unique to our school and the Celtic knot-work was designed by Miss McKeever. Our colors symbolize the McKeever Family crest and the metallic gold represents Sacramento as a Gold Rush town. **Please contact Miss McKeever if you are interested and serious about buying a costume.** A deposit of half the cost is paid at the fitting and then it takes about 2 months to complete at which time the second half of the payment is due. It could even be a great Christmas gift! This will allow you to have a costume by early 2016.